











































ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Wholegrain & White Rice														
Ingredients: Rice Long Grain Brown Veetee 5KG, Rice Basmati 5KG														















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CPUA SEASONAL FRUIT														
Ingredients: Orange Small 15KG, Apple Red Premium 18KG, Loose Bananas 18.14kg														

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JACKET POTATO WITH TUNA PRIMARY				✓	✓									
Ingredients: Potato Baking 80s 15KG, Tuna Chunks in Brine 1.02KG (Fish), Sauce Mayonnaise Light Brakes 2.2L (Eggs), Sweetcorn Kernels IQF 2.5kg														



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- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen















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Bean and Vegetable Chilli Pri														

Ingredients: Garlic Greens Chopped 250g, Courgette Premium 5KG, Beans Kidney Red In Water 2.5KG, Tomatoes Chopped Canned Riverdene 2.5KG, Paste Tomato 800g, Pepper Diced Green Red Yellow 2.5KG, Onion Pk 25KG, Oil Rapeseed Extended Life B/B 20L, Bouillion Powder Veg Knorr Essential 3KG, VegetableBouillion Powder Chefs Pass 800g, Carrot Catering 12.5KG, Water Cold 1L, Spice Smoked Paprika 600g

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Chicken Korma							✓		✓					✓

Ingredients: Lentils Red George Harker 3KG, Spice Curry Powder Madras Brakes 500g (**Mustard**), Water Cold 1L, Oil Rapeseed Extended Life B/B 20L, Yoghurt Natural Low Fat Catering 4.6L (**Milk**), Juice Lemon Brakes 250ml (**Sulphur D02/Sulphites**), Veg Onion Diced Brake 1.5KG, Cornflour Brakes 3KG















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CPUD CARROTS BABY														















Ingredients: Carrots Baby in Steam Bags

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CYG VANILLA MUFFIN WITH STRAWBERRY JAM		✓ Wheat		✓			✓							
Ingredients: Muffin Vanilla With Strawberry Jam 55g (Eggs, Milk, Wheat)														

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YOGHURT							✓							
Ingredients: Yoghurt Strawberry Low Fat Bulk 4.6L (Milk), Pot Graze Revive Med 300ml, Lid Graze Revive 300-425 M-XI														

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